

FOOD MENU



SANDWICHES/ PANCAKES/ TOASTS/ BREAD

	Price ₦	Points	Discount
PLAIN BREAD	800.00	50	320
TOASTED BREAD	1,200.00	70	480
WHEAT BREAD	1,200.00	70	480
BREAD OMELETTE/VEGETABLE	3,000.00	160	1,200
HONEY BREAD	3,000.00	160	1,200
BREAD PIZZA (TOMATOES, LETTUCE, CABBAGE, CHEESE)	3,000.00	160	1,200
POTATOE OMELETTE	3,000.00	160	1,200
BANANA BREAD TOAST	3,000.00	160	1,200
PARATHA/YAM BALL	3,000.00	160	1,200
FRENCH PANCAKE	3,000.00	160	1,200
SPANISH EGG ROLL	3,000.00	160	1,200

RICE DISHES

	Price ₦	Points	Discount
STEAM/WHITE RICE	4,000.00	210	1,600
JOLLOF RICE	4,000.00	210	1,600
FRIED /COCONUT / NATIVE RICE	5,000.00	260	2,000
VEGETABLE BASE RICE	6,000.00	310	2,400
CHINESE FRIED RICE	6,000.00	310	2,400
ASUN RICE	6,000.00	310	2,400

SWALLOW

	Price ₦	Points	Discount
GARRI (EBA)/ AGIDI	1,500.00	85	600
WHEAT/ SEMOVITA /OGIDI	1,500.00	85	600
POUNDO YAM	2,000.00	110	800
POUNDED YAM/AMALA	2,500.00	135	1,000
OATMEAL / PLANTAIN MEAL	2,500.00	135	1,000

SOUP

	Price ₦	Points	Discount
OGBONO OR OKRO	3,000.00	160	1,200
EGUSI OR EWEDU	3,000.00	160	1,200
BITTER LEAF	3,000.00	160	1,200
AFANG OR VEGETABLE	3,000.00	160	1,200
WHITE SOUP	6,000.00	310	2,400

PROTEIN (BOILED OR FRIED)

	Price ₦	Points	Discount
BEEF	1,800.00	100	720
GOAT MEAT	2,000.00	110	800
ASSORTED MEAT	3,500.00	185	1,400
CHICKEN	3,500.00	185	1,400
FRESH FISH	3,500.00	185	1,400

PEPPERED MEAT

	Price ₦	Points	Discount
KPOMO	3,000.00	160	1,200
BEEF/GOAT MEAT	5,000.00	260	2,000
CHICKEN/FISH/ASSORTED MEAT	6,000.00	310	2,400

PEPPER SOUP

	Price ₦	Points	Discount
GOAT MEAT	6,000.00	310	2,400
CHICKEN	6,000.00	310	2,400
FRESH FISH	6,000.00	310	2,400
ASSORTED MEAT	6,000.00	310	2,400
COW TAIL	6,000.00	310	2,400

SAUCE

	Price ₦	Points	Discount
VEGETABLE SAUCE	1,500.00	85	600
ONION SAUCE	1,500.00	85	600
TOMATO SAUCE	2,000.00	110	800
EGG SAUCE	2,000.00	110	800
SARDINE VEGETABLE SAUCE	3,000.00	160	1,200

PASTA & NOODLES

	Price ₦	Points	Discount
PLAIN INDOMIE NOODLES	1,200.00	70	480
VEGETABLE INDOMIE NOODLES	1,500.00	85	600
SPAGHETTI BOLOGNESE	2,500.00	135	1,000
SPICY MACARONI	2,500.00	135	1,000

SIDES /OTHER MEALS

	Price ₦	Points	Discount
BAKED BEANS	1,000.00	60	400
BEANS CAKE (AKARA)	1,000.00	60	400
COLESLAW SALAD	1,000.00	60	400
PLAIN OMELETTE	1,000.00	60	400
BOILED EGGS	1,000.00	60	400
SAUSAGE	1,000.00	60	400
FRIED PLANTAIN	1,000.00	60	400
CUSTARD / QUAKER OAT/ PAP	1,500.00	85	600
VEGETABLE OMELETTE	1,500.00	85	600
MOI-MOI	1,500.00	85	600
SMALL CHOPS	3,000.00	160	1,200
GARDEN SALAD	2,000.00	110	800
FRENCH FRIES/CHIPS	2,500.00	135	1,000
BOILED POTATO	2,500.00	135	1,000
FRIED / BOILED YAM	2,500.00	135	1,000
BOILED SWEET YAM	2,500.00	135	1,000
BOILED WATER YAM	2,500.00	135	1,000
BOILED UNRIPE PLANTAIN	2,500.00	135	1,000
BEANS	2,500.00	135	1,000
STEAMED VEGETABLES	2,000.00	110	800
MIXED VEGETABLES	2,500.00	135	1,000
STEAMED PRAWNS	5,000.00	260	2,000
SHREDDED VEGETABLE BEEF	6,000.00	310	2,400
SHREDDED VEGETABLE CHICKEN	7,000.00	360	2,800

SPECIAL DIET MENU

BREAKFAST

	Price ₦	Points	Discount
BEANS CAKE (AKARA) & PAP	2,500.00	135	1,000
STEAMED VEGETABLE NOODLES & BOILED EGGS	3,500.00	185	1,400
MOI-MOI & QUAKER OAT	3,500.00	185	1,400
TOAST BREAD & VEGETABLE SANDWICH	4,500.00	235	1,800
WHEAT BREAD, BOILED EGGS & VEGETABLE SANDWICH	5,000.00	260	2,000
BOILED WATER YAM & MIXED VEGETABLES	7,000.00	360	2,800
BOILED POTATO, BOILED EGGS & STEAMED VEGETABLES	7,500.00	385	3,000
GRILLED POTATO & STEAMED PRAWN SAUCE	9,500.00	485	3,800
BOILED SWEET YAM, STEAMED VEGETABLES & TUNA SAUCE	10,000.00	510	4,000

LUNCH/DINNER

	Price ₦	Points	Discount
TOMATO VEGETABLE PASTA	3,500.00	185	1,400
WHEAT & VEGETABLE SOUP	4,500.00	235	1,800
AGIDI WITH TOMATO VEGETABLE STEAMED STEW	4,500.00	235	1,800
PORTAGE PLANTAIN & STEAMED VEGETABLES	5,500.00	285	2,200
PORTAGE BEANS & STEAMED VEGETABLES	5,500.00	285	2,200
BASMATI JOLLOF RICE & MOI-MOI	6,500.00	335	2,600
BASMATI STEAMED RICE & VEGETABLES	6,500.00	335	2,600
OATMEAL OR PLANTAINMEAL & WHITE SOUP	10,000.00	510	4,000
BROWN RICE & MIXED VEGETABLES PRAWN SAUCE	12,500.00	635	5,000

SALAD

	Price ₦	Points	Discount
SHREDDED VEGETABLE SALAD	4,000.00	210	1,600
CUCUMBER, TOMATO & AVOCADO SALAD	6,000.00	310	2,400
GARDEN SALAD	6,000.00	310	2,400
AMERICAN CORN SALAD	7,000.00	360	2,800
AVOCADO TUNA SALAD	8,000.00	410	3,200

PLATTER

	Price ₦	Points	Discount
SMALL CHOPS PLATTER	15,000.00	760	6,000
PEPPERED MEAT PLATTER	20,000.00	1,010	8,000
PEPPERED FISH PLATTER	20,000.00	1,010	8,000
NGH SPECIAL MEAT PLATTER	25,000.00	1,260	10,000
NGH SPECIAL FISH PLATTER	25,000.00	1,260	10,000



Delicious Meals,
Exceptional Experience

*Thank you for
your patronage*



Quality Ingredients.
Perfectly Prepared.